

2018 Summer Day Camps



**Camp Optimist / Sports of All Sorts
Discovery Day Camp / Kindergarten Boot Camp**

June 18 - August 17, 2018

Monday - Friday / 6:30 a.m. - 6 p.m.

Camp Optimist

The main ingredient of Camp Optimist is fun that comes from the spirit of participation. We foster an inclusive, positive and caring environment in which each individual is encouraged to contribute and participate in our activities. We create a non-competitive environment where campers have fun while making lasting friendships and feel safe trying new activities. All campers take part in outdoor skills, sports, crafts, community activities, waterfront adventures, and all-camp events. Camp Optimist is located at Conestoga Pines Park off of Pitney Road. Indoor headquarters are at the Conestoga Pines Barn. Campers swim daily at the outdoor Conestoga Pines Pool.

Campers are provided with a nutritious lunch and snack every day.

Ages: Students entering 1st - entering 6th grade

Location: Conestoga Pines Park

A Sample Day at Camp "O" ///

6:30 – 9 a.m.	Theme activities and games
9 – 9:30 a.m.	Camp meeting
9:30 – 11:30 a.m.	Explore the woods, theme activities and games
11:30 – 12:30 p.m.	Lunch
12:30 – 1 p.m.	Clean up and transition
1 – 4 p.m.	Visit Conestoga Pines Pool
4:30 – 6 p.m.	Explore the woods and clean up

** Please note that CCIS funding is not accepted at Camp Optimist.**



Camp Optimist Weekly Themes & Field Trips/Activities* ///

Week ///	Theme ///	Field Trips/Activities ///
6/18	Gentle Giants	Noble Hill Horse Rescue & Freezy Barn
6/25	Creatures of the Night	Special Guest: Forgotten Friends Reptile Rescue
7/2	4th Annual Top Chef Cook-Off	Special Guest: Magician Honda Magic
7/9	All Things Soccer	Mt. Gretna Roller Rink, Jigger Shop & Fairy Garden
7/16	Christmas in July	Country Barn & Greenhouse
7/23	Pow Wow Week	Special Guest: Native Americans
7/30	Splish Splash	21 Foot Water Slide & DJ Blevins
8/6	Who's Bad?	Michael Jackson Impersonator
8/13	Camp O Rocks Lancaster	Binn's Park, Lancaster Cupcake, Rita's Italian Ice & Pizza House
8/17	Artsy Smartsy Week	Kendig Square Movie & House of Pizza

Every Friday we will have a campfire with slop soup (camper's favorite), hot dogs and smores.

** Field trips are subject to change and some field trips may have additional costs.*



Sports Of All Sorts

Sports of All Sorts Day Camp offers your child a full day of sports fun, including fitness and wellness activities. At Lancaster Rec, we believe in fostering age-appropriate learning in a fun, sports-oriented atmosphere. Children will receive positive feedback for their participation, teamwork and sportsmanship.

We provide all campers with a nutritious lunch and snack every day. Campers go on multiple field trips, some of which may have additional costs. Campers swim at Conestoga Pines Pool on Mondays and Fridays. Be sure to pack sunscreen, a swimsuit and a towel.

Activities and Sports Tailored for Three Age Groups

Entering Grades 1-2

We use cooperative games to teach teamwork, sportsmanship, basic gross motor skills and coordination.

Entering Grades 3-4

We use a combination of cooperative and competitive games to teach fundamentals, rules, teamwork and sportsmanship.

Entering Grades 5-6

We offer opportunities to compete while emphasizing teamwork, skill development, rules and sportsmanship.





Ages:

Students entering 1st - entering 6th grade

Location:

Washington Elementary School

A Sample Day at Sports of All Sorts ///

6:30 – 8 a.m.	Before care
8:30 a.m.	Morning meeting
9 a.m.	Sports activities
11 a.m.	1 st – 3 rd grades, lunch
11:30 a.m.	4 th grade and up, lunch
12 p.m.	Wellness activities, group activities, wellness lessons
3 p.m.	Afternoon snack
4 – 6 p.m.	After care

Sports of All Sorts Weekly Themes ///

Week ///	Theme ///
6/18	Welcome Back
6/25	Getting to Know You
7/2	Fitness Frenzy
7/9	Lawn Games
7/16	Sports Fanatic
7/23	Field Day Activities
7/30	Spirit Week
8/6	Be a Good Sport
8/13	Camp Celebration
8/17	All Day Camp @ Lancaster Rec

Field Trips* ///

Days vary from week to week. Every child attending camp that day must attend the field trip. All children must wear camp t-shirt or similar colors.

Leisure Lanes
Skating Castle
Bounce Kraze

Lancaster Ice Rink
Sky Zone
Oregon Dairy

** Field trips are subject to change and some field trips may have additional costs.*

Discovery Day Camp

formerly Summer Day Camp

Each week offers your children a chance to learn something new in connection with that week's theme. Campers enjoy outside activities and educational stations. Campers are placed in groups based on the grade they are entering and participate in age-appropriate activities with 40 minutes a week of instruction in literacy, art, physical education and math in accordance to PA State Learning Standards. The goal is to keep academic skills fresh over the summer, apply the knowledge the children have learned in a fun way and prepare them for the next school year.

Back to Camp Day

Held on the first day of camp, June 18, from 3-6 p.m. Drop by to find out more about the Summer Day Camp and to meet the staff.

Swimming

Campers swim at Conestoga Pines Pool on Tuesdays and Thursdays. Be sure to pack sunscreen, a swimsuit and a towel.



Ages: Students entering 1st
– entering 6th grade
(Juniors 1st-3rd
Grades;
Seniors 4th Grade
and Up)

Location: Ross Elementary
School



A Sample Day at Discovery Day Camp ///

6:30 a.m.	Before camp stations
8 a.m.	Gross motor activities
9 a.m.	Morning meeting & educational stations
10:30 a.m.	Gross motor
11:30 a.m.	Lunch
12:30 p.m.	Gross motor activities/ Tuesday & Thursday pool days
1 p.m.	Classroom Stations
3 p.m.	Gross motor activities
4 p.m.	Snack & after camp stations

Discovery Day Camp Weekly Themes & Field Trips* ///

Week ///	Theme ///	Field Trips ///
6/18	Summer Days	Ice Cream Social @ Park
6/25	Imaginarium	Ice Rink
7/2	All American Summer	Cookout
7/9	STEM in Sports	Leisure Lanes - Juniors
7/16	STEM in the Backyard	Leisure Lanes - Seniors
7/23	Science Sparks	Science Sparks Assembly
7/30	To Infinity & Beyond	Sky Zone
8/6	Kitchen Frenzy	Oregon Dairy - Juniors
8/13	Adventureland	Cherry Crest Farm

** Every child attending camp that day must attend the field trip. All children must wear camp t-shirt or similar colors. Field trips are subject to change and some field trips may have additional costs.*

*** Discovery Day Camp does **NOT** serve breakfast.*

Kindergarten Boot Camp

Kindergarten Boot Camp is a summer program that helps to prepare your child for kindergarten. Teachers instruct students in reading, writing, numeracy, physical activity, nutrition and social skills, including cooperation and problem solving skills. Children receive breakfast, lunch and an afternoon snack.

Ages: Entering kindergarten in the fall of 2018

Locations: Lancaster Rec Center or
Lancaster Rec Child Care Center at
McCaskey High School

Daily Schedule ///

- 6:30 – 9 a.m.** Arrive, breakfast and free play
- 9 a.m. – noon** Morning meeting, learning centers and physical activity
- Noon – 1:30 p.m.** Lunch and rest time
- 1:30 – 4:30 p.m.** Learning centers, physical activity and snack
- 4:30 – 6 p.m.** Story and free play

Space is limited so complete your registration early to reserve your child's spot.



Full-Day Summer Pre-K

Lancaster Rec Center Full-Day Summer Pre-K is a summertime education program that is an extension of our school year with an emphasis on learning and fun. Children participate in small group lessons targeting early literacy, numeracy and social skills.

Ages: 3- and 4-year-olds

Locations: Lancaster Rec Center or
Lancaster Rec Child Care Center at
McCaskey High School

Daily Schedule ///

6:30 – 9 a.m.	Arrive, breakfast and free choice
9 a.m. – noon	Morning meeting, learning centers and physical activity
Noon – 3 p.m.	Lunch and nap time
3 – 4 p.m.	Snack and quiet centers
4 – 6 p.m.	Story, physical activity and free choice



To Register for Summer Day Camps

Registration for Summer Day Camp programs is only accepted in person at the Lancaster Recreation Commission office. No phone registrations are accepted. An annual non-refundable registration fee of \$50 (plus \$10 for each additional child from the same family) is due at the time of registration. If child is already enrolled in our Before and After School Program, registration fee doesn't apply.

A complete registration consists of the following. Children are not permitted to attend Summer Day Camp programs until all items have been turned in.

- Completed and signed Child Care Agreement
- Completed and signed Attendance Contract
- Completed and signed Health Appraisal Form (Physical) and Immunization (Shot) Records
 - Physicals and Shot Records less than three months old are required for infants ages 6 weeks to 1 year; less than six months old for young toddlers ages 1 to 2 years
 - Physicals and Shot Records less than one year old are required for older toddlers ages 2 to 3 years, Preschool children ages 3 and 4, Grade K-5 and Grade 5 and up
 - Children in Grades 1 through 4 are required to turn in Physicals and Shot Records (may be more than one year old)
- Copies of any Custody/PFA Court Documents, if applicable
- Copies of child's IEP or IFSP, if applicable
- Completed and signed Child Care Center Meal Benefit Income Eligibility Form, for children ages 5 and under

FIELD TRIPS

Field trips are subject to change and some field trips may have additional costs.

KEYSTONE STARS

The Lancaster Rec child care programs participate in Keystone Stars, a state-supported and funded quality improvement program which has four STAR levels. Each STAR designation measures a quality performance standard. The four levels measure quality in the following areas:

- Education and training of staff
- Physical environment
- Management
- Family and community partnerships

FREE MEALS & SNACKS

We provide all of our preschool/Kindergarten Boot Camp children with a nutritious breakfast, lunch & a snack every day. Camp Optimist, Summer Day Camp & Sports of All Sorts children will be provided with a nutritious lunch & a snack every day.



DID YOU KNOW?

Our programs are state-certified and made up of experienced, qualified, well-trained staff!

WHAT TO BRING ///

Children should be dressed in shorts or long pants, shirt, sneakers and socks. A water bottle with your child's name should be brought each day. Sunscreen is a must for those extra sunny days! If the weather is rainy, children should dress appropriately. Children should bring a change of clothes and a resting blanket/soft item. All belongings should be marked with your child's name. Please do not bring any electronic devices or games.

BEHAVIOR EXPECTATIONS ///

In order to provide your children with the excellent child care experience they deserve, the following behavior expectations are in effect at all times.

We expect children to respect each other, the staff, the property and most of all themselves. We expect children to follow directions, be polite and to obey the rules.

In accordance with Federal law and U.S. Department of Agriculture policy, Lancaster Rec is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD).



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