

March 2019

Lancaster Rec Senior Center

525 Fairview Avenue, Lancaster PA 17603
 Phone: 717-399-7671 Email: sdavis@LancasterRec.org
 Center Staff: Susan Davis, Manager
 Hours: 8:30am-3pm

LancasterREC
 Get Active. Live Healthy.
 www.LancasterRec.org

Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
Bad weather center closing announcement listed on WGAL TV "All Lancaster Co. Office of Aging Senior Centers Closed"				9:30 Geri-Fit Exercise 10:45 Fundraiser Bingo 12:30 Party Bridge	Important: To arrange for a <u>meal or transportation</u> call the center before <u>10:00 am</u> at least one day in advance. <i>Thank You!</i>
4 9:30 Exercise Class 10:30 Bible Study 10:30 Ukulele Lessons 1:30 Shuffleboard	5 9:30 Geri-Fit Exercise 10:45 Fundraiser Bingo 10:45 Recycle Art 1:00 Art Class	6 9:30-12 noon Pinochle 9:30 Sr Orchestra Practice 9:30 Shuffle Board 10:45 Phones for people with hearing problems by Clear Captions 1:30 Shuffle Board	7 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 Canvas Painting with Pottery Works	8 9:30 Geri-Fit Exercise 10:45 Fundraiser Bingo 12:30 Party Bridge	
11 9:30 Exercise Class 10:30 Bible Study 10:30 Ukulele Lessons 1:30 Shuffleboard	12 9:30 Geri-Fit Exercise 10:45 Fundraiser Bingo 10:45 Recycle Art 1:00 Art Class	13 9:30-12 noon Pinochle 9:30 Sr Orchestra Practice 9:30 Shuffle Board 10:45 Medicare Trivia & Paint By Geisinger Gold 1:30 Shuffle Board	14 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 St Patty's Day Party Activities with Caring Hospice & Piano Player	15 9:30 Geri-Fit Exercise 10:45 Fundraiser Bingo 12:30 Party Bridge	
18 9:30 Exercise Class 10:30 Bible Study 10:30 Ukulele Lessons 1:30 Shuffleboard	19 9:30 Geri-Fit Exercise 10:45 Fundraiser Bingo 10:45 Recycle Art 1:00 Art Class	20 9:30-12 noon Pinochle 9:30 Sr Orchestra Practice 9:30 Shuffle Board 10:45 Make it, Take it craft 1:30 Shuffle Board	21 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 Team Trivia	22 9:30 Geri-Fit Exercise 10:30 Fundraiser Bingo 12:30 Party Bridge	
25 9:30 Exercise Class 10:30 Bible Study 10:30 Ukulele Lessons 1:30 Shuffleboard	26 9:30 Geri-Fit Exercise 10:45 Fundraiser Bingo 10:45 Recycle Art 1:00 Art Class	27 9:30-12 noon Pinochle 9:30 Sr Orchestra Practice 9:30 Shuffle Board 10:45 Ceramics with Pottery Works 1:30 Shuffle Board	28 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 Heart Health By GIANT Foods	29 9:30 Geri-Fit Exercise 10:30 Fundraiser Bingo 12:30 Party Bridge	

