


# Happy Hearts May 2019

**Rodney Park Community Center**  
 Corner of 3rd & Rodney Streets  
 Lancaster PA 17602  
 Phone: 717-393-7786  
 Email: RodneyPk@comcast.net

**Lancaster House North Center**  
 335 N. Prince Street  
 Lancaster PA 17603  
 Phone: 717-392-2115 x 151  
 email: sdavis@lancasterrec.org



www.LancasterRec.org

Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
		Rodney: <b>1</b> Kitchen Kettle & Lunch at Diener's Restaurant Leaving Rodney at 10:30 am	Rodney: <b>2</b> 11:30am Bingo LHN: 12:30 Bingo, bring quarters & Pinochle	Party Bridge <b>3</b> 12:30pm at Lancaster Rec	<b>Senior Day at the Barnstormers Game</b>  Thurs., May 23 Gate opens at 9:30am  Free admission ticket and Concession Voucher  Receive ticket and voucher at Lanc Rec Senior Center with proof of age 60 years or older  Sponsored by Lanc Co Office of Aging
<b>Senior Games at Spooky Nook Sports Complex</b> <b>6</b> Center is closed.	Rodney: <b>7</b> 12noon Pinochle	Rodney: <b>8</b> 10am Cinco De Mayo Party 212noon Spanish Luncheon	Rodney: <b>9</b> 11:30am Bingo LHN: Bingo, bring quarters & Pinochle	Party Bridge <b>10</b> 12:30pm at Lancaster Rec	
9:30 Senior <b>13</b> Exercise Class 1:30 Pickle Ball <i>Both at Lancaster Rec</i>	Rodney: <b>14</b> 12noon Pinochle	Rodney: <b>15</b> 10am Healthy Talk with Albright Life 1pm Art Class with Rose City Nursing & Rehab	Rodney: <b>16</b> 11:30am Bingo LHN: 12:30 Bingo, bring quarters & Pinochle	Party Bridge <b>17</b> 12:30pm at Lancaster Rec	
9:30 Senior <b>20</b> Exercise Class 1:30 Pickle Ball <i>Both at Lancaster Rec</i>	Rodney: <b>21</b> 12noon Pinochle	Rodney: <b>22</b> 10am Exercise Class 1pm Free Phones for seniors with Hearing problems by Clear Captions	Rodney: <b>23</b> 11:30am Bingo LHN: 12:30 Bingo, bring quarters & Pinochle	Party Bridge <b>24</b> 12:30pm at Lancaster Rec	
 <b>MEMORIAL DAY</b> Center is closed. <b>27</b>	Rodney: <b>28</b> 12noon Pinochle	Rodney: <b>29</b> 10 am Emergency Preparedness 1pm Exercise with Wendy	Rodney: <b>30</b> 11:30am Bingo LHN: 12:30 Bingo, bring quarters & Pinochle	Party Bridge <b>31</b> 12:30pm at Lancaster Rec	

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## Rodney Park Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	30 No Meal	1 Luncheon Trip	2 Smorgasbord Luncheon	
	7 No Meal	8 Tacos/Fajitas Empanadas Spanish Rice Dessert	9 Tacos/Fajitas Empanadas Spanish Rice Dessert	
	14 No Meal	15 Fish Sandwich Mac & Cheese Stewed Tomatoes Fruit	16 Fish Sandwich Mac & Cheese Stewed Tomatoes Fruit	
	21 No Meal	22 Baked Porcupine Balls Mashed Potatoes & Gravy Dessert	23 Baked Porcupine Balls Mashed Potatoes & Gravy Dessert	
	28 No Meal	29 Hot Dogs Baked Beans Cole Slaw Dessert	30 Hot Dogs Baked Beans Cole Slaw Dessert	