

September 2019

Lancaster Rec Senior Center

525 Fairview Avenue
Lancaster PA 17603
Hours: 8:30am-3pm

Phone: 717-399-7671
Email: sdavis@LancasterRec.org
Center Staff: Susan Davis, Manager



www.LancasterRec.org

Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
Walk With Ease Pre-registration Required <div style="border: 1px solid black; padding: 5px; display: inline-block; margin-left: 100px;"> Tuesday, Thursday & Fridays 11am-12noon </div>					<p style="text-align: center;">Indoor Giant Yard Sale</p> <p style="text-align: center;">Sat. Sept. 7 7am –1pm Lanc Rec Center Lower Level</p> <p style="text-align: center;">Vendor space: \$12.50</p> <p style="text-align: center;">Concession Provided by Rodney Park</p>
Labor Day 2 Center is Closed	3 9:30 Geri Fit 10:30 Fundraiser Bingo 10:30 Recycle Art 10:30 Ukulele Practice 1pm Art Studio Class	4 9:15 Sr Orchestra Practice 9:15 Pinochle 9:30 Shuffle Board 10:30 Butterflies of Lanc by Lanc Co Parks 1:30 Shuffle Board	5 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 Canvas Painting With Pottery	6 9:30 Geri Fit 10:30 Fundraiser Bin go 11 Walk with Ease 12:30 Party Bridge	
9 9:30 Senior Exercise 10:30 Bible Study 11:15 Cross Train Your Brain 1:30 Shuffle Board	10 9:30 Geri Fit 10:30 Fundraiser Bingo 10:30 Recycle Art 10:30 Ukulele Practice 1pm Art Studio Class	11 9:15 Sr Orchestra Practice 9:15 Pinochle 9:30 Shuffle Board 10:45 Ceramics with Pottery Works 1:30 Shuffle Board	12 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 Sing -A-Long with Bonita on Piano	13 9:30 Geri Fit 10:30 Fundraiser Bin go 11 Walk with Ease 12:30 Party Bridge	
16 9:30 Senior Exercise 10:30 Bible Study 11:15 Cross Train Your Brain 1:30 Shuffle Board	17 9:30 Geri Fit 10:30 Fundraiser Bingo 10:30 Recycle Art 10:30 Ukulele Practice 1pm Art Studio Class	18 9:15 Sr Orchestra Practice 9:15 Pinochle 9:30 Shuffle Board 10:45 Home Safety & Mobility by Butler Mobility Products 1:30 Shuffle Board	19 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:00 Intergeneration Nutrition Program	20 9:30 Geri Fit 10:30 Fundraiser Bin go 11 Walk with Ease 12:30 Party Bridge	
23 9:30 Senior Exercise 10:30 Bible Study 11:15 Cross Train Your Brain 1:30 Shuffle Board	24 9:30 Geri Fit 10:30 Fundraiser Bingo 10:30 Recycle Art 10:30 Ukulele Practice 1pm Art Studio Class	All Seniors Centers 25 Picnic at Long's Park Pavilion #1 Transportation Provided Limited parking available	26 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:00 Intergeneration Nutrition Program	27 9:30 Geri Fit 10:30 Fundraiser Bin go 11 Walk with Ease 12:30 Party Bridge	

Important:
To arrange for a meal or transportation please call the center before 10 am at least one day in advance.
Thank You!