

# January 2019

## Lancaster Rec Senior Center

525 Fairview Avenue, Lancaster PA 17603  
 Phone: 717-399-7671 Email: sdavis@LancasterRec.org  
 Center Manager: Susan Davis  
 Hours: 8:30am-3pm



www.LancasterRec.org

Monday	Tuesday	Wednesday	Thursday	Friday	Special Activities
	<b>Happy New Year 1</b> Center closed	<b>2</b> 9:15-12 noon Pinochle 9:00 Sr Orchestra Practice 9:30 Indoor Shuffle Board 10:45 Make it, Take it Craft 1:30 Shuffle Board	<b>3</b> 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:30 Canvas Painting	<b>4</b> 9:30 Geri-Fit 10:30 Fundraiser Bingo 10:30 Ukulele Lessons 12:30 Party Bridge	<p><b>Important:</b>            To arrange for a <u>meal</u> or <u>transportation</u> please call the center before <u>9:30 am</u> at least one day in advance.</p> <p><b>Senior Center cancellation due to inclement weather will be advertised on WGAL TV by 6:00 am. Look for "All Lancaster County Office of Aging Senior Centers are closed today" Cancellation will also be advertised on www.WGAL.com and on www.Lancaster-Rec.org web sites.</b></p>
<b>7</b> 9:30 Exercise Class 10:30 Bible Study 1:30 Pickle Ball	<b>8</b> 9:30 Geri-Fit 10:30 Fundraiser Bingo 10:30 Recycle Art 1:00 Art Class	<b>9</b> 9:15-12 noon Pinochle 9:00 Sr Orchestra Practice 9:30 Indoor Shuffle Board 10:45 Sing A Long with Bonita on Piano 1:30 Shuffle Board	<b>10</b> 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 Mind Matters Program	<b>11</b> 9:30 Geri-Fit 10:30 Fundraiser Bingo 10:30 Ukulele Lessons 12:30 Party Bridge	
<b>14</b> 9:30 Exercise Class 10:30 Bible Study 11:30 Town Meeting	<b>15</b> 9:30 Geri-Fit 10:30 Fundraiser Bingo 10:30 Recycle Art 1:00 Art Class	<b>16</b> 9:15-12 noon Pinochle 9:00 Sr Orchestra Practice 9:30 Indoor Shuffle Board 10:45 Nutrition Activity by Caring Hospice 1:30 Shuffle Board	<b>17</b> 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 11:00 Team Trivia	<b>18</b> 9:30 Geri-Fit 10:30 Fundraiser Bingo 10:30 Ukulele Lessons 12:30 Party Bridge	
<b>Martin Luther King Day</b> <b>21</b> Center closed	<b>22</b> 9:30 Geri-Fit 10:30 Fundraiser Bingo 10:30 Recycle Art 1:00 Art Class	<b>23</b> 9:15-12 noon Pinochle 9:00 Sr Orchestra Practice 9:30 Indoor Shuffle Board 10:45 Wellness Info for 2019 by Geisinger Gold 1:30 Shuffle Board	<b>24</b> 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 The Beauty of Snow By Lanc Co Parks Naturalist	<b>25</b> 9:30 Geri-Fit 10:30 Fundraiser Bingo 10:30 Ukulele Lessons 12:30 Party Bridge	
<b>28</b> 9:30 Exercise Class 10:30 Bible Study 1:30 Pickle Ball	<b>29</b> 9:30 Geri-Fit 10:30 Fundraiser Bingo 10:30 Recycle Art 1:00 Art Class	<b>30</b> 9:15-12 noon Pinochle 9:00 Sr Orchestra Practice 9:30 Indoor Shuffle Board 10:30 Ceramics with Pottery Works 1:30 Shuffle Board	<b>31</b> 9:30 Chi Gung 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 Penn State Nutrition Program		