




# March 2020

## Lancaster Rec Senior Center

525 Fairview Avenue  
Lancaster PA 17603  
Hours: 8:30am-3pm

Phone: 717-399-7671  
Email: sdavis@LancasterRec.org  
Center Manager: Susan Davis



Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
9:30 Exercise Class <b>2</b> 10:30 Bible Study 10:30 Tablet Tech 11:15 Cross Train Your Brain 1:00 Computer Tech	9:30 Geri-Fit <b>3</b> 10:30 Fundraiser Bingo 10:30 Recycle Art 11:00 Fitness Walk 1:00 Art Class 1:00 Tai Chi For Arthritis 1:00 Ukulele Jamin'	9:15-12 noon Pinochle <b>4</b> 9:30 Orchestra Practice 9:30 Shuffle Board 10:30 Canvas Painting 1:00 Mahjong Lessons 1:30 Shuffle Board	9:30 Chi Gung <b>5</b> 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:00 LINC Program 11:00 Food Safety Training Program	9:30 Geri-Fit <b>6</b> 10:30 Fundraiser Bingo 11:00 Fitness Walk 1:00 Yoga For Seniors	<p>Computer Tech Classes March 2, 16 &amp; 30 Monday 1-2:30pm</p> <p>Detailed Information at the Senior Center</p> <p>Bring your device or use one of ours.</p> <p>Funded, in part, under an agreement with money allocated by the Pa Dept of Aging and Lanc Co Office</p> 
9:30 Exercise Class <b>9</b> 10:30 Bible Study 10:30 Tablet Tech 11:15 Cross Train Your Brain 1:00 Shuffle Board	9:30 Geri-Fit <b>10</b> 10:30 Fundraiser Bingo 10:30 Recycle Art 11:00 Fitness Walk 1:00 Art Class 1:00 Tai Chi For Arthritis 1:00 Ukulele Jamin'	<b>St Patrick's Day Party</b> <b>11</b> Ukulele Jamin' with Lanc Ukulele UpRise 9:30 Orchestra Practice 1:00 Mahjong Lessons 1:30 Shuffle Board	9:30 Chi Gung <b>12</b> 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 Owls Presentation by Lanc Co Park	9:30 Geri-Fit <b>13</b> 10:30 Fundraiser Bingo 11:00 Fitness Walk 1:00 Yoga For Seniors	
9:30 Exercise Class <b>16</b> 10:30 Bible Study 10:30 Tablet Tech 11:15 Cross Train Your Brain 1:00 Computer Tech	9:30 Geri-Fit <b>17</b> 10:30 Fundraiser Bingo 10:30 Recycle Art 11:00 Fitness Walk 1:00 Art Class 1:00 Tai Chi For Arthritis 1:00 Ukulele Jamin'	9:15-12 noon Pinochle <b>18</b> 9:30 Orchestra Practice 9:30 Shuffle Board 10:30 Hearing Care by Beltone 1:00 Mahjong Lessons 1:30 Shuffle Board	9:30 Chi Gung <b>19</b> 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:00 LINC Program 11:00 Make it, Take it Craft	9:30 Geri-Fit <b>20</b> 10:30 Fundraiser Bingo 11:00 Fitness Walk 1:00 Yoga For Seniors	
9:30 Exercise Class <b>23</b> 10:30 Bible Study 10:30 Tablet Tech 11:15 Cross Train Your Brain 1:00 Shuffle Board	9:30 Geri-Fit <b>24</b> 10:30 Fundraiser Bingo 10:30 Recycle Art 11:00 Fitness Walk 1:00 Art Class 1:00 Tai Chi For Arthritis 1:00 Ukulele Jamin'	9:15-12 noon Pinochle <b>25</b> 9:30 Orchestra Practice 9:30 Shuffle Board 10:30 Ceramics 1:00 Mahjong Lessons 1:30 Shuffle Board	9:30 Chi Gung <b>26</b> 9:30 Indoor Bocce 10:30 Ukulele Lessons 10:45 Team Trivia	9:30 Geri-Fit <b>27</b> 10:30 Fundraiser Bingo 11:00 Fitness Walk 1:00 Yoga For Seniors	
9:30 Exercise Class <b>30</b> 10:30 Bible Study 10:30 Tablet Tech 11:15 Cross Train Your Brain 1:00 Computer Tech	9:30 Geri-Fit <b>31</b> 10:30 Fundraiser Bingo 10:30 Recycle Art 11:00 Fitness Walk 1:00 Art Class 1:00 Tai Chi For Arthritis 1:00 Ukulele Jamin'	<p style="text-align: center;">Bad weather center closing announcement listed on WGAL TV "All Lancaster Co. Office of Aging Senior Centers Closed"</p>		<p style="text-align: center;"><b>Important:</b> To arrange for a <u>meal</u> or <u>transportation</u> call the center before <u>10:00 am</u> at least one day in advance. <i>Thank You!</i></p>	