



LancasterREC

Teaming with Our Community



Lancaster Rec Senior Center Technology Classes

Senior Center Membership Required (At No Cost)



The use of technology is becoming more prevalent everyday, and it can be very confusing. Beginning this Spring, Lancaster Rec Senior Center will be offering weekly technology classes to help you become more comfortable with the newest technological advancements. Classes are free to attend, but a (free) membership to Lancaster Rec Senior Center is required and donations will be accepted. Register for classes by calling 717-399-7671.

Understanding Your Personal Technology - Monday, March 2 from 1-2:30 p.m. (Makeup Date: March 9)

In this class, we will introduce students to personal technology and how to understand their device. We discuss concepts such as the internet, software, hardware, Bluetooth, ports & cables, etc.

Understanding Brands and Plans - Monday, March 16 from 1-2:30 p.m. (Makeup Date: March 23)

This class serves to learning how to identify technology brands and mobile/internet plans. Topics include: differences between Apple and Android, where to buy your device, options for purchasing at full cost vs. financing, unlocked devices, the difference between phone manufacturers and phone carriers/phone plans, transferring personal information over, promotions and more.

App Store - Monday, March 30 from 1-2:30 p.m. (Makeup Date: April 6)

This class serves to educate students on the benefits and functions of the App Store and explores topics such as downloading apps, free apps vs. paid subscriptions, device updates, searching app categories, etc.

Online Safety - Monday, April 13 from 1-2:30 p.m.

This class serves to educate students on how to safely navigate online. Topics include: mobile and online banking, encryptions, phishing, online shopping and general safety guidelines.

Understanding the Cloud - Monday, April 20 from 1-2:30 p.m.

This class serves to the importance of the options and concepts behind the Cloud, while also reviewing "backing-up" personal information. Topics include: Cloud services, how they work, advantages/disadvantages, alternatives to the Cloud, backing-up and restoring device and the importance of our username and password.

Facebook & Social Media - Monday, April 27 from 1-2:30 p.m.

This class serves to introduce students to the different types of social media sites available, with primary focus on Facebook, so that students may optimize their personal use.

Home Entertainment Technology - Monday, May 11 from 1-2:30 p.m.

This class serves to expand the students knowledge on the latest technology available to enhance their home lifestyle and home entertainment experience. Topics include: TV streaming, Netflix/Hulu, Apple TV & Samsung TV, Amazon Alexa, etc.

Health and Fitness - Monday, May 18 from 1-2:30 p.m.

This class serves to display the benefits of integrating your personal technology into your lifestyle to assist with fitness goals while also providing options for using smart devices to help improve your health. Topics include: The Health App/Samsung Health, Emergency Medical ID, other fitness/health related apps, how to track daily activity and fitness accessories.

Photography - Monday, June 1 from 1-2:30 p.m.

This class serves to educate students on the primary functions of their smart device camera, while guiding them through capturing, accessing, editing and sharing their photos.

These programs are funded, in part, under an Agreement with money allocated by the Pennsylvania Department of Aging and the Lancaster County Office of Aging.