


July
2021

Lancaster Rec Senior Center

525 Fairview Avenue
Lancaster PA 17603
Hours: 8:30am-3pm
www.LancasterRec.org

Phone: 717-399-7671
Email: sdavis@LancasterRec.org
Center Manager: Susan Davis
Assistant Manager: Starr Brubaker



Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
			9:15 Chair Yoga 10:00 Ukulele Lessons 12:30 Bingo Hall	9:15 Patriotic Wheel of Fortune 10:45 Geri-Fit	<p>Important: To arrange for a <u>meal</u> or <u>transportation</u> please call the center several days in advance. <i>Thank You!</i></p>
 <p>5</p> <p>Holiday Observed Center is Closed</p>	6	7	8	9	
12	13	14	15	16	
19	20	21	22	23	
26	27	28	29	30	
<p>9:15 Fundraiser Bingo 10:45 Shuffle Board</p>	<p>9:15 Indoor Bocce 10am Art Club 10:45 Geri-Fit</p>	<p>9:15 Fundraiser Bingo 10:45 Art or Craft project 12:45: Move Your Body with Wendy</p>	<p>9:15 Chair Yoga 10:00 Ukulele Lessons 12:30 Bingo Hall</p>	<p>9:15 1970's Trivia 10:45 Move Your Body Exercise with Wendy on Zoom</p>	<p>The Ukulele Lessons and Friday's 9:15am activities are also being offered in the OOA Virtual Connections Program. We will be doing these activities with other seniors from their homes!</p>
<p>9:15 Fundraiser Bingo 10:45 Shuffle Board</p>	<p>9:15 Indoor Bocce 10am Art Club 10:45 Chair Dancing</p>	<p>9:15 Fundraiser Bingo 10:00 Lanc Creative Art Factory Program 12:45: Move Your Body with Wendy</p>	<p>9:15 Chair Yoga 10:00 Ukulele Lessons 12:30 Bingo Hall</p>	<p>9:15 Team Trivia by Bob Reigh 10:45 Geri-Fit</p>	
<p>9:15 Fundraiser Bingo 10:45 Shuffle Board</p>	<p>9:15 Indoor Bocce 10am Art Club 10:45 Geri-Fit</p>	<p>9:15 Fundraiser Bingo 10:45 Ceramics with Pottery Works 12:45: Move Your Body with Wendy</p>	<p>9:15 Chair Yoga 10:00 Ukulele Lessons 12:30 Bingo Hall</p>	<p>9:15 Penn State Nutrition Class 10:45 Geri-Fit</p>	
<p>9:15 Fundraiser Bingo 10:45 Shuffle Board</p>	<p>9:15 Indoor Bocce 10am Art Club 10:45 Geri-Fit</p>	<p>9:15 Fundraiser Bingo 10:45 Art or Craft project 12:45: Move Your Body with Wendy</p>	<p>9:15 Chair Yoga 10:00 Ukulele Lessons 12:30 Bingo Hall</p>	<p>9:15 Trivia Bingo 10:45 Geri-Fit</p>	

This program is funded, in part, under an Agreement with money allocated by the Pa Dept. of Aging and the Lancaster Co Commissioners, through the Lancaster Co Office of Aging.