

# August 2021

## Lancaster Rec Senior Center

525 Fairview Avenue  
Lancaster PA 17603  
Hours: 8:30am-3pm  
www.LancasterRec.org

Phone: 717-399-7671  
Email: sdavis@LancasterRec.org  
Center Manager: Susan Davis  
Assistant Manager: Starr Brubaker



Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
<b>2</b> 9:15 Fundraiser Bingo 10:45 Shuffle Board	<b>3</b> 9:15 Indoor Bocce 10:00 Art Club 10:45 Geri-Fit	<b>4</b> 9:15 Fundraiser Bingo 10:45 Art or Craft project	<b>5</b> 9:15 Chair Yoga 10:00 Ukulele Lessons 11:00 Move Your Body with Wendy 12:30 Bingo Hall	<b>6</b> 9:15 Summer Time Bingo 10:45 Geri-Fit	<div style="background-color: #e0f0ff; padding: 10px; margin-bottom: 10px;"> <p><b>Important:</b> To arrange for a <u>meal</u> or <u>transportation</u> please call the center several days in advance. <i>Thank You!</i></p> </div> <div style="background-color: #ffff00; padding: 10px;"> <p>The Ukulele Lessons and Friday's 9:15am activities are also being offered in the OOA Virtual Connections Program. We will be doing these activities with other seniors from their homes!</p> </div>
<b>9</b> 9:15 Fundraiser Bingo 10:45 Shuffle Board	<b>10</b> 9:15 Indoor Bocce 10:00 Art Club 10:45 Geri-Fit	<b>11</b> 9:15 Fundraiser Bingo 10:30 Lanc Creative Art Factory Program	<b>12</b> 9:15 Chair Yoga 10:00 Ukulele Lessons 11:00 Move Your Body with Wendy 12:30 Bingo Hall	<b>13</b> 9:15 1955 Trivia 10:45 Geri-Fit	
<b>16</b> 9:15 Fundraiser Bingo 10:45 Shuffle Board	<b>17</b> 9:15 Indoor Bocce 10:00 Art Club 10:45 Geri-Fit	<b>18</b> 9:15 Fundraiser Bingo 10:45 Ceramics with Pottery Works	<b>19</b> 9:15 Chair Yoga 10:00 Ukulele Lessons 12:30 Bingo Hall	<b>20</b> 9:15 Adver-teasing Game 10:45 Geri-Fit	
<b>23</b> 9:15 Fundraiser Bingo 10:45 Shuffle Board	<b>24</b> 9:15 Indoor Bocce 10:00 Art Club 10:45 Geri-Fit	<b>25</b> 9:15 Fundraiser Bingo 10:45 Art or Craft project	<b>26</b> 9:15 Chair Yoga 10:00 Ukulele Lessons 11:00 Move Your Body with Wendy 12:30 Bingo Hall	<b>27</b> 9:15 Penn State Nutrition Program 10:45 Geri-Fit	
<b>30</b> 9:15 Fundraiser Bingo 10:45 Shuffle Board	<b>31</b> 9:15 Indoor Bocce 10:00 Art Club 10:45 Geri-Fit				

This program is funded, in part, under an Agreement with money allocated by the Pa Dept. of Aging and the Lancaster Co Commissioners, through the Lancaster Co Office of Aging.