

May
2022

Lancaster Rec Senior Center

525 Fairview Avenue
Lancaster PA 17603
Hours: 8:30am-3pm
www.LancasterRec.org

Phone: 717-399-7671
Email: sdavis@LancasterRec.org
Center Manager: Susan Davis



Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
Senior Games 2 Center is closed	Senior Games 3 Center is closed	9:30 Upcycle Craft with Lanc Creative Reuse 4 11:00 Chair Dancing 1pm Shuffle Board	9:15 Chair Yoga with Jen 5 10:00 Ukulele Jamming 10:45 Move Your Body with Wendy	9:30 Fundraiser Bingo 6 10:30 Geri-Fit	<div style="border: 1px solid green; padding: 5px; margin-bottom: 10px;"> <p>To arrange for a <u>meal</u> or <u>transportation</u> please call the center several days in advance!</p> </div>  <p>This program is funded, in part, under an Agreement with money allocated by the Pa Dept. of Aging and the Lanc County Commissioners, through the Lanc County Office of Aging.</p>
9:30 Fundraiser Bingo 9 10:45 Indoor Bocce 1:30 Corn Hole	9:30 Wii Bowling 10 10:00 Art Club 10:30 Geri-Fit 1pm Tai Chi for Arthritis Must pre-register	9:30 Create Clay pottery 11 piece with Lanc Creative Art Factory 11:00 Chair Dancing 1pm Shuffle Board	Barnstormer Game Day 12 11am Game time Center is closed	9:30 Insects & Spiders presentation by Lanc Co Naturalists 13 10:30 Geri-Fit	
9:30 Fundraiser Bingo 16 10:45 Indoor Bocce 1:30 Corn Hole	9:30 Wii Bowling 17 10:00 Art Club 10:30 Geri-Fit 1pm Tai Chi for Arthritis Must pre-register	9:15 Paint a Ceramic piece 18 with Pottery Works 10:30 Celebrate May Entertainment 1pm Shuffle Board	9:15 Chair Yoga with Jen 19 10:00 Ukulele Jamming 10:45 Move Your Body with Wendy	9:30 Team Trivia with Bob 20 10:30 Geri-Fit	
9:30 Fundraiser Bingo 23 10:45 Indoor Bocce 1:30 Corn Hole	9:30 Wii Bowling 24 10:00 Art Club 10:30 Geri-Fit 1pm Tai Chi for Arthritis Must pre-register	9:30 Canvas Painting with Charlene 25 11:00am Town Meeting 1pm Shuffle Board	9:15 Chair Yoga with Jen 26 10:00 Ukulele Jamming 10:45 Move Your Body with Wendy	9:30 Sing A-Long with Wayne on piano 27 10:30 Geri-Fit	
memorial DAY 30 Center is closed	9:30 Wii Bowling 31 10:00 Art Club 10:30 Geri-Fit 1pm Tai Chi for Arthritis Must pre-register	Transportation will be provided from your home to the Senior Games the Return trip home will be at 1pm sharp! If you want to participate in afternoon activities you will need to get your own ride home. Transportation will provided from your home and back for the Barnstormers Game. Transportation pick up time will be latter than your usual time and you will get home later in afternoon.			