

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> 9:00am Tai Chi 10:00am Hand Drumming 1:00pm Creative Factory Art, Watercolor paint "The Great Wave by Hokusai" 4:00pm Chair Yoga	<b>2</b> 9:00am Drumbeats and Movement w/ Wendy 9:15am Exercise w/ Kathy 10:00am Ukulele Play Along 1:30pm Bingo	<b>3</b> 8:00am Pilates 9:00am Technology Class: "Phone and Cable Bills" 11:00am Move Your Body 1:00pm Giant Nutrition Class: "Eating Healthy on a Budget"
<b>6</b> 9:15am Exercise w/ Kathy 1:00pm Beginner Ukulele 2:00pm Beginner II Ukulele	<b>7</b> 10:00am Creative Factory Art, Acrylic Paint, "Ocean Beach" 1:30pm Call-Out Game 4:00pm Boxing & Balance	<b>8</b> 9:00am Tai Chi 10:00am Hand Drumming 1:00pm Creative Factory Art, Watercolor paint "Pollinators on Lavender" 4:00pm Chair Yoga	<b>9</b> 9:00am Drumbeats and Movement w/ Wendy 9:15am Exercise w/ Kathy 10:00am Ukulele Play Along 1:30pm Bingo	<b>10</b> 8:00am Pilates 9:00am Technology Class: "Avoiding Scams" 11:00am Move Your Body
<b>13</b> 9:15am Exercise w/ Kathy 1:00pm Beginner Ukulele 2:00pm Beginner II Ukulele 6:00pm Creative Factory Art, Acrylic Paint "Citrus Fruit"	<b>14</b> 10:00am Creative Factory Art, Acrylic Paint, "Flower with a Bee" 1:30pm Family Face Off 4:00pm Boxing & Balance	<b>15</b> 9:00am Tai Chi 10:00am Hand Drumming 1:00pm Creative Factory Art, Oil Pastel "The Sower by Vincent Van Gogh" 4:00pm Chair Yoga	<b>16</b> 9:00am Drumbeats and Movement w/ Wendy 9:15am Exercise w/ Kathy 10:00am Ukulele Play Along 1:30pm Bingo	<b>17</b> 8:00am Pilates 9:00am Technology Class: "Digital Music" 11:00am Move Your Body 2:00pm Father's Day Bingo
<b>20</b> 9:15am Exercise w/ Kathy 1:00pm Beginner Ukulele 2:00pm Beginner II Ukulele	<b>21</b> 10:00am Creative Factory Art, Acrylic Paint, "Black-capped Chickadee" 1:30pm The Missing Link 4:00pm Boxing & Balance	<b>22</b> 9:00am Tai Chi 10:00am Hand Drumming 11:00am Penn State Nutrition "Smart Fast Food" 1:00pm Creative Factory Art, Watercolor paint "Portrait of Walter the Border Collie" 4:00pm Chair Yoga	<b>23</b> 9:00am Drumbeats and Movement w/ Wendy 9:15am Exercise w/ Kathy 10:00am Ukulele Play Along 1:30pm Bingo	<b>24</b> 8:00am Pilates 9:00am Technology Class: "Apps for Everyday Essentials" 11:00am Move Your Body 2:00pm Springtime Bingo
<b>27</b> 9:15am Exercise w/ Kathy 1:00pm Beginner Ukulele 2:00pm Beginner II Ukulele 6:00pm Creative Factory Art, Acrylic Paint "Lemons and Lemonade in Glass"	<b>28</b> 10:00am Creative Factory Art, Acrylic Paint, "Dandelions in Glass Jar" 1:30pm Words of Fortune 4:00pm Boxing & Balance	<b>29</b> 9:00am Tai Chi 10:00am Hand Drumming 4:00pm Chair Yoga	<b>30</b> 9:00am Drumbeats and Movement w/ Wendy 9:15am Exercise w/ Kathy 10:00am Ukulele Play Along 1:30pm Bingo	Manager: Debbie Groff <a href="mailto:dgroff@co.lancaster.pa.us">dgroff@co.lancaster.pa.us</a> Phone: 717-299-7991 Call Debbie to register for this free online senior center