

August 2022

Lancaster Rec Senior Center

525 Fairview Avenue
Lancaster PA 17603
Hours: 8:30am-3pm
www.LancasterRec.org

Phone: 717-399-7671
Email: sdavis@LancasterRec.org
Center Manager: Susan Davis
Assistant Manager: JoAnn Mentzer



Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
9:30 Fundraiser Bingo 1 10:45 Indoor Bocce And Corn Hole 1pm & 2pm Beg Ukulele lessons	9:45 Stretching Class with Judy 2 10:00 Art Club 10:45 Move Your Body	9:30 Upcycle Craft with Lanc Creative Reuse 3 11:00 Wii Game Play	9:15 Chair Yoga with Jen 4 10:00 Ukulele Jamming 10:15 Shuffle Board	9:30 Beginner Tai Chi 5 10:30 Prize Pokeno	<p>To arrange for a <u>meal or transportation</u> please call the center several days in advance! <i>Thank You!</i></p>
9:30 Fundraiser Bingo 8 10:45 Indoor Bocce And Corn Hole 1pm & 2pm Beg Ukulele lessons	9:45 Stretching Class with Judy 9 10:00 Art Club 10:45 Move Your Body	9:30 Create a two dimensional art piece with Lanc Creative Art Factory Artist 10 11:00 Town Meeting	9:15 Chair Yoga with Jen 11 10:00 Ukulele Jamming 10:15 Shuffle Board	9:30 Beginner Tai Chi 12 10:30 Nature's Adaptations presentation by Lanc Co Naturalists	
Senior Center 15	located on upper 16	level in Terrace Room 17	Monday - Thursday. 18	19	<p>This program is funded, in part, under an Agreement with money allocated by the Pa Dept. of Aging and the Lanc County Commissioners, through the Lanc County Office of Aging.</p>
9:30 Fundraiser Bingo 10:45 Team Connect 4 1pm & 2pm Beg Ukulele lessons	9:45 Stretching Class with Judy 10:00 Art Club 10:45 Move Your Body	9:30 Paint a Ceramic piece with Pottery Works 10:30 Family Feud with Matt	9:15 Chair Yoga with Jen 10:00 Ukulele Jamming 10:15 Wii Game Play	9:30 Move Your Body 10:30 Team Trivia with Bob	
9:30 Fundraiser Bingo 22 10:30 Indoor Bocce And Corn Hole 10:45 1pm & 2pm Beg Ukulele lessons	9:45 Stretching Class with Judy 23 10:00 Art Club 10:45 Move Your Body	9:30 Canvas Painting with Lanc Creative Art Factory Artist 24 11:00 Team Hidden Pictures	9:15 Chair Yoga with Jen 25 10:00 Ukulele Jamming 10:15 Shuffle Board	9:30 Beginner Tai Chi 26 10:30 Sing A-Long with Wayne on piano	
9:30 Fundraiser Bingo 29 10:45 Indoor Bocce And Corn Hole 1pm & 2pm Beg Ukulele lessons	9:45 Stretching Class with Judy 30 10:00 Art Club 10:45 Chair Dancing	9:30 Make a Stained Glass Window Decoration 31 10:30 Celebration With Entertainment			