




# Lancaster Rec Senior Center

January  
2023

525 Fairview Avenue  
Lancaster PA 17603  
Hours: 8:30am-3pm  
www.LancasterRec.org

Phone: 717-399-7671  
Email: ecampbell@lancaster rec.org  
Center Manager: Elaine Campbell



| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Special Notes   |   |
|---|--|---|---|---|---|---|
| <b>Happy New Year! Lancaster Rec Senior Center Closed Today</b> <b>2</b>  | <b>9:30 Wii Bowling</b> <b>3</b><br>10:00 Art Club<br>10:15 Geri-Fit   | <b>9:30 Fiber Arts Group</b> <b>4</b><br>11:00 Smile and Sway<br>Chair Dancing<br>1pm Shuffle Board                                     | <b>9:15 Chair Yoga with Jen</b> <b>5</b><br>10:00 Ukulele Jamming<br>10:45 Move Your Body with Wendy  | <b>9:00 Hot Chocolate Bar</b> <b>6</b><br>9:15 Geri-Fit<br>10:15 Prize Pokeno   | <b>Check WGAL for closings during inclement weather</b>   |   |
| <b>9:30 Fundraiser Bingo</b> <b>9</b><br>10:45 Indoor Bocce<br>1:30 Corn Hole   | <b>9:30 Healthy Living Pictionary</b> <b>10</b><br>9:30 Wii Bowling<br>10:00 Art Club<br>10:15 Geri-Fit                                  | <b>9:30 2D Art with Lanc Creative Art Factory</b> <b>11</b><br>10:30 Family Day-Bring in Pictures of Your Family!<br>1:00 Shuffle Board | <b>9:15 Chair Yoga with Jen</b> <b>12</b><br>10:00 Ukulele Jamming<br>10:45 Move Your Body with Wendy | <b>9:00 Hot Chocolate Bar</b> <b>13</b><br>9:15 Geri-Fit<br>9:30 Lancaster Co Park Naturalists Presentation                 |   | Sr Orchestra Rehearsal<br>9:15-11:15am<br>Upper Level in Terrace Room   |
| <b>Martin Luther King Day</b> <b>16</b><br><br><b>Lancaster Rec Senior Center Closed Today</b>  | <b>9:30 Wii Bowling</b> <b>17</b><br>9:30 PA Proud- 16 Black Pennsylvanians You Might Now Know About<br>10:00 Art Club<br>10:15 Geri-Fit | <b>9:15 Ceramic Projects with Pottery Works</b> <b>18</b><br>10:30 Monthly Celebration<br>1:00 Shuffle Board                            | <b>9:15 Chair Yoga with Jen</b> <b>19</b><br>10:00 Ukulele Jamming<br>10:45 Move Your Body with Wendy | <b>9:00 Hot Chocolate Bar</b> <b>20</b><br>9:15 Geri-Fit<br>9:30 Team Trivia with Bob<br>10:30 Snip, Snap, Snorem Card Game | <b>To arrange for a <u>meal</u> or <u>transportation</u> please call the center several days in advance! Thank You!</b> |   |
| <b>9:00 Chinese New Year Celebration-Year of the Rabbit!</b> <b>23</b><br>9:30 Fundraiser Bingo<br>10:45 Indoor Bocce<br>1:30 Corn Hole | <b>9:30 Lancaster Bookmobile</b> <b>24</b><br>9:30 Wii Bowling<br>10:00 Art Club-Make a Chinese New Year Craft<br>10:15 Geri-Fit         | <b>9:30 Canvas Painting with Joanne from Lanc Creative Art Factory</b> <b>25</b><br>11:00 Town Meeting<br>1pm Shuffle Board             | <b>9:15 Chair Yoga with Jen</b> <b>26</b><br>10:00 Ukulele Jamming<br>10:45 Move Your Body with Wendy | <b>9:00 Hot Chocolate Bar</b> <b>27</b><br>9:15 Geri-Fit<br>9:30 Sing-Along with Wayne on the Piano                         |   | This program is funded, in part, under an Agreement with money allocated by the Pa Dept. of Aging and the Lanc County Commissioners, through the Lanc County Office of Aging. |
| <b>9:30 Fundraiser Bingo</b> <b>30</b><br>10:45 Indoor Bocce<br>1:30 Corn Hole  | <b>9:30 Wii Bowling</b> <b>31</b><br>9:30 History Hounds-Interesting Civil War Facts<br>10:00 Art Club<br>10:15 Geri-Fit                 |    |                  | <b>Fiber Arts</b><br>                  |   |   |