

# Lancaster Rec Senior Center

525 Fairview Avenue  
Lancaster PA 17603  
Hours: 8:30am-3pm  
Pwww.LancasterRec.org  
Phone: 717-399-7671

Center Manager: Elaine Campbell  
Email: ecampbell@lancasterrec.org  
Assistant Manager: JoAnn Mentzer  
Assistant Manager: Laurie Truluck



April  
2023

Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
					Tai Chi Tuesday Level 1A 1:00-2:00 Thursday Level 2 1:00-2:00 Thursday Level 1B 2:30-3:30
9:30 Fundraiser Bingo <b>3</b> 10:45 Indoor Bocce And Cornhole	9:30 Physical Health/Illness that Affects Mental Health <b>4</b> 9:30 Wii Bowling 10:00 Art Club 10:15 Geri-Fit	Passover Starts Today <b>5</b> 9:30 2D Art With Lanc Creative Art Factory 10:45 Walk With Music 10:45 Easter Game	9:15 Chair Yoga with Jen <b>6</b> 10:00 Ukulele Jamming 10:00 Easter Bunny Craft 10:45 Move Your Body with Wendy	<b>Good Friday</b> Lancaster Rec Senior Center Closed Today	<b>Sr. Orchestra Rehearsal</b> 9:15-11:15a.m. Wednesdays Terrace Room
9:30 Fundraiser Bingo <b>10</b> 10:30 Entertainment and Refreshments	9:30 Wii Bowling <b>11</b> 10:00 Art Club 10:15 Geri-Fit	9:15 Ceramic Class by The Pottery Works <b>12</b> 10:45 Walk With Music	9:15 Chair Yoga with Jen <b>13</b> 10:15 Snip, Snap, Snorem Card Game 10:00 Ukulele Jamming 10:45 Move Your Body with Wendy	9:15 Geri-Fit <b>14</b> 10:15 Lancaster County Parks-Space and the Hubble Space Telescope	<b>To arrange for a meal or transportation please call the center several days in advance!</b>
9:30 Fundraiser Bingo <b>17</b> 10:45 Indoor Bocce And Cornhole Game	<b>Bookmobile</b> <b>18</b> 9:30 Lancaster County Bookmobile 9:30 Wii Bowling 10:00 Art Club 10:15 Geri-Fit	9:30 Canvas Painting with Joanne <b>19</b> 10:30 Monthly Celebration and entertainment with Sandy Heisey	9:15 Chair Yoga with Jen <b>20</b> 10:00 Ukulele Jamming 10:15 Snip, Snap, Snormem Card Game 10:45 Move Your Body with Wendy	9:15 Geri-Fit <b>21</b> 10:15 Team Trivia with Bob	This program is funded, in part, under an Agreement with money allocated by the Pa Dept. of Aging and the Lanc County Commissioners, through the Lanc County Office
9:30 Fundraiser Bingo <b>24</b> 10:45 Indoor Bocce and Cornhole Game	<b>Haiku Poetry Day</b> <b>25</b> 9:30 Learn to Write Japanese Haiku Poetry 9:30 Wii Bowling 10:00 Art Club 10:15 Geri-Fit	<b>National Pretzel Day</b> <b>26</b> 9:30 History of Pretzels and the oldest pretzel factory in the U.S. (it's in Lancaster!) 10:15 Walk With Music 11:00 Town Meeting	9:15 Chair Yoga with Jen <b>27</b> 10:00 Ukulele Jamming 10:45 Move Your Body with Wendy	9:15 Geri-Fit <b>28</b> 10:30 Sing A-Long with Wayne on piano	