

# Lancaster Rec Senior Center

March  
2023

525 Fairview Avenue  
Lancaster PA 17603  
Hours: 8:30am-3pm  
www.LancasterRec.org

Phone: 717-399-7671  
Email: to be announced  
Center Manager: Elaine Campbell  
Assistant Manager: JoAnn



Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
 HAPPY St. Patrick's DAY	<b>National Women's Month Display</b>	9:15 The Pottery Works 10:30 Snip, Snap, Snorem Card Game 11:00 Chair Dancing	9:15 Chair Yoga with Jen 10:00 Ukulele Jamming 10:45 Move Your Body with Wendy	9:15 Geri-Fit 10:00 Flu and Covid-19 Vaccination Clinic 10:15 Prize Pokeno	<b>Tai Chi</b> Tuesday Level 1A 1:00-2:00 Thursday Level 2 1:00-2:00 Thursday Level 1B 2:30-3:30  <b>Sr. Orchestra Rehearsal</b> 9:15-11:15a.m. Upper Level in Terrace Room  To arrange for a <u>meal</u> or <u>transportation</u> please call the center several days in advance!  This program is funded, in part, under an Agreement with money allocated by the Pa Dept. of Aging and the Lanc County Commissioners, through the Lanc County
9:30 Fundraiser Bingo 10:45 Indoor Bocce And Cornhole	9:30 Mental Health Myths and Facts 9:30 Wii Bowling 10:00 Art Club 10:15 Geri-Fit	9:30 Create Two Dimensional Art with Lanc Creative Art Factory 11:00 Chair Dancing	9:15 Chair Yoga with Jen 10:00 Ukulele Jamming 10:45 Move Your Body with Wendy	9:15 Geri-Fit 10:15 Butterflies & Moths presentation by Lanc Co Naturalists	
9:30 Fundraiser Bingo 10:45 Indoor Bocce And Cornhole Game	9:00 Bagel Schmegel *Assorted bagels, toppings 9:30 Wii Bowling 10:00 Art Club 10:15 Geri-Fit	9:15 Ceramic Class by The Pottery Works 10:30 Monthly Celebration with Entertainment	9:15 Chair Yoga with Jen 10:00 Ukulele Jamming 10:45 Chair Dancing	9:15 Irish Fairy Mocktails and St. Patrick's Day Celebration 10:15 Team Trivia with Bob	
 10:00 Paloma School of Irish Dance Performance 10:45 Fundraiser Bingo	Bookmobile 9:30 Lancaster County Bookmobile 9:30 Wii Bowling 10:00 Art Club 10:15 Geri-Fit	9:00 History Hounds-The Story of the Alaskan Iditarod Race 9:30 Canvas Painting with Joanne 11:00 Town Meeting	9:15 Chair Yoga with Jen 10:00 Ukulele Jamming 10:45 Move Your Body with Wendy	9:15 Geri-Fit 10:30 Prize Pokeno	
9:30 Fundraiser Bingo 10:45 Indoor Bocce and Cornhole Game	9:30 Cherry Blossom History and Craft 9:30 Wii Bowling 10:00 Art Club 10:15 Geri-Fit	9:00 Herb and Garden Group-The Folklore of Parsley 9:30 Chair Dancing 10:30 Dave Wilson Music Performance	9:15 Chair Yoga with Jen 10:00 Ukulele Jamming 10:45 Move Your Body with Wendy	9:15 Geri-Fit 10:30 Sing A-Long with Wayne on piano	