



Lancaster Rec Senior Center

525 Fairview Avenue
Lancaster PA 17603
Hours: 8:30am-3pm
Pwww.LancasterRec.org
Phone: 717-399-7671

Center Manager: Elaine Campbell
Email: ecampbell@lancasterrec.org
Assistant Manager: JoAnn Mentzer
Assistant Manager: Laurie Truluck



May
2023

Monday	Tuesday	Wednesday	Thursday	Friday	Special Notes
Senior Center Closed Today for Senior Games 1	Presentation 2 9:30 Social Wellness Presentation 10:00 Art Club 10:15 Geri-Fit	9:15 Ceramic Class by The Pottery Works 3 10:30 Tiki Bar and Move and Grove Dance Party	9:15 Chair Yoga with Jen 4 10:00 Ukulele Jamming 10:45 Move Your Body	9:15 Geri-Fit 5 10:00 Cinco De Mayo Talk and Treat 10:15 Speaker: U.S. Air Traffic Control	<p>Feel free to call ahead to schedule a tour of our Senior Center and learn about our programs. 717-399-7671</p> <p>Sr. Orchestra Rehearsal 9:15-11:15a.m. Wednesdays Terrace Room</p> <p>To arrange for a <u>meal</u> or <u>transportation</u> please call the center several days in advance!</p> <p>This program is funded, in part, under an Agreement with money allocated by the Pa Dept. of Aging and the Lanc County Commissioners, through the Lanc County</p>
Bingo 8 9:30 Fundraiser Bingo 10:45 Indoor Bocce And Cornhole	Nature Presentation 9 9:15 Lancaster Co. Parks-Backyard Bats and Birds 10:00 Art Club 10:15 Geri-Fit	9:30 2D Art With Lanc Creative Art Factory 10 10:00 Snip, Snap, Snorem Card Game 10:45 Walk With Music	9:15 Chair Yoga with Jen 11 10:00 Ukulele Jamming 10:45 Move Your Body with Wendy	10:15 Mothers and Others Tea 12 10:30 Mocktails and Riddles for YourBrain	
Bingo 15 9:30 Fundraiser Bingo 10:45 Indoor Bocce And Cornhole	Bookmobile 16 9:30 Lancaster County Bookmobile 9:30 Wii Bowling 10:00 Art Club	Senior Center Closed For Barnstormers Game 17 	9:15 Chair Yoga with Jen 18 10:15 Snip, Snap, Snorem Card Game 10:00 Ukulele Jamming 10:45 Walk With Music	9:15 Walk With Music 19 10:15 Team Trivia with Bob	
Bingo 22 9:30 Fundraiser Bingo 10:45 Indoor Bocce And Cornhole Game	9:30 Price Elementary School Service Club-Intergenerational Art Project 23 10:00 Art Club 10:15 Geri-Fit	9:30 Canvas Painting with Joanne 24 10:30 Monthly Celebration and entertainment-Rewind Group from Millersville	9:15 Chair Yoga with Jen 25 10:00 Ukulele Jamming 10:15 Snip, Snap, Snorem Card Game 10:45 Move Your Body with Wendy	9:15 Geri-Fit 26 10:15 Sing A-Long with Wayne on the Piano	
Senior Center Closed Today 29 	30 9:30 Fundraiser Bingo 10:00 Art Club 10:15 Geri-Fit	9:15 Herb and Garden Group 31 10:15 Presentation: Power of Attorney and Preventing Elder Abuse 11:00 Town Meeting	