







November

Lancaster County

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Chicken Taco w/ Lettuce & Tomato 1/2c. Seasoned Corn & Blackbeans 1/2c. Spanish Rice Soft Tortilla Shell 1/2c Pineapple</p>	<p>2</p> <p>Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Green Beans 1 Wheat Bread 1/2c Gelatin</p>	<p>3</p> <p>Baked Salmon 1/2c Parmesan Garlic Noodles 1/2c Peas 1 Wheat Bread Seasonal Fresh Fruit</p> 
<p>6</p> <p>Sloppy Joe 1/2c Ranch Roasted Potatoes 1/2c Island Blend Vegetables 1 Hamburger Bun Seasonal Fresh Fruit</p>	<p>7</p> <p>Chicken Marsala w/ 2oz Mushroom Sauce 1/2c. Blended Rice 1/2c Carrots 1 Breadstick 1/2c Applesauce</p>	<p>8</p> <p>Pot Roast w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Green Beans Dinner Roll 1/2c Pudding</p>	<p>9</p> <p>Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1/2c Pickled Beet Salad 1 Wheat Bread 1/2c Fruited Gelatin</p>	<p>10</p> <p>Roasted Pork w/ Peach Glaze 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Cookie</p>
<p>13</p> <p>Philly Cheeseburger w/ Provolone, Peppers, & Onions 1/2c Potato Salad Sandwich Roll Fresh Seasonal Fruit</p> 	<p>14</p> <p>Thanksgiving Special! Pulled Turkey w/ Gravy 1/2c Whipped Potatoes 1/2c Green Beans 2oz Stuffing Dinner Roll Pumpkin Pie</p>	<p>15</p> <p>Cabbage Casserole w/ 2oz Sauce 1c Tossed Salad 1/2c Carrots 1 White Bread Seasonal Fresh Fruit</p>	<p>16</p> <p>Baked Pollock 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread 1/2c Mandarin Oranges</p>	<p>17</p> <p>Swedish Meatballs (4) 1/2c. Rice 1/2c Peas 1 Wheat Bread 1/2c Apple Crisp</p>
<p>20</p> <p>Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange</p>	<p>21</p> <p>Lemon Dijon Pork Loin 1/2c Buttered Pasta 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Pineapple Tidbits</p> 	<p>22</p> <p>Baked Crab Cakes 1/2c Cheesy Potatoes 1/2c Peas 1 Wheat Bread 1/2c Cottage Cheese & Peaches</p>	<p>Happy Thanksgiving!! 23</p> 	<p>24</p> <p>Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad</p>
<p>27</p> <p>BBQ Pulled Pork 1/2c Creamy Coleslaw 1/2c Green Beans 1 Sandwich Roll Seasonal Fresh Fruit</p>	<p>28</p> <p>Cheeseburger Stroganoff 1/2c Peas 1 Breadstick Fresh Fruit</p>  <p><i>*menu subject to change based on availability</i></p>	<p>29</p> <p>Creamy Chicken Salad Sandwich Lettuce & Tomato 1/2c Broccoli Salad 2 Whole Wheat Bread 1/2c Cinnamon Applesauce</p>	<p>30</p> <p>Pepper Steak w/ Onions & Peppers 1/2c Whipped Potatoes 1/2c Diced Carrots 1 Wheat Bread 1/2c Blushed Pears</p>	